



TRUE NORTH FAMILY CLINIC

Dear Valued Patient,

We are pleased to share an important update regarding your healthcare clinic.

Effective March 2, 2026, Integracare–Foley has been acquired by Shana and Dan Nelson and will now operate under a new name:

True North Family Clinic. While our name is changing, our commitment to providing high-quality, compassionate care to our community remains the same.

We are happy to reassure you that **there will be no interruption to your care.** We will continue to offer both **primary care** and **physical therapy services** right here in Foley, with the same familiar providers, staff, and location you know and trust.

Our goal with True North Family Clinic is to build on the strong foundation already in place—delivering comprehensive, patient-centered care close to home, while continuing to grow services that support your long-term health and wellness.

You may notice updated signage, forms, and communications reflecting our new name over the coming weeks. Please know that your medical records, appointments, and insurance information will continue seamlessly. We have attached a patient handout on the back to address some of these common questions.

We are honored to care for you and your family and look forward to continuing this journey together under our new name.

Warm regards,

Shana Nelson, APRN, FNP-C
Dan Nelson, Owner
True North Family Clinic



True North Family Clinic Patient FAQ – Clinic Name Change

When is this change happening?

The official acquisition and name change will be March 2nd, 2026.

Why is the clinic changing its name?

Integracare–Foley has been acquired by Shana and Dan Nelson and will be operating as True North Family Clinic.

Is the clinic still in the same location? Will there be a new phone number?

The clinic's location and phone number will remain the same as we will acquire these from Integracare. **471 Hwy 23 Foley, MN 56329. (320) 968-7234**

Will you still offer primary care?

Yes. Primary care services continue without change; now 5 days a week starting March 2026. Shana Nelson will remain in Foley and will be hiring another provider after the acquisition.

Will you still offer physical therapy?

Yes. Physical therapy services will continue in Foley. We are happy to have Kari Lippo, Kayla Oltz, Jamee Nelson, and Tara Beack staying on our staff to continue to serve the Foley community.

Do I need to transfer my medical records?

No. All medical records remain securely in place. You will not need to transfer your records.

Will my insurance still work?

Yes. We continue to accept the same insurance plans.

Will my appointments change?

No. You will continue to find all appointment information in MyChart.

Why am I seeing new signs or paperwork?

You may notice updated materials reflecting our new name.

Who can I talk to if I have questions?

Our front desk staff or care team are happy to help. Phone: (320) 968-7234